



# Introducing

## FIVE FOODIE DAYS MENU

### A school menu created through the eyes of pupils

At Schools by Sodexo, we are proud of the food we serve at your child's school. We take health and wellbeing seriously: we know that good nutrition is vital in helping your child reach their potential.

We also know that school meals must appeal to young people. That's why our Five Foodie Days menu has been designed specifically for, and in consultation with, primary school-aged children across the UK. It offers a modern, fresh approach to school food by introducing five theme days:

- 1. Planet Earth Day:** offering plant-based foods to meet the growing interest in eating more non-meat dishes to be kinder to planet earth.
- 2. Street Food Day:** offering dishes inspired by high-street trends, because pupils tell us they want a more exciting and grown-up menu.
- 3. World Food Day:** exploring foods from a different country, because pupils tell us they like to try new flavours from around the world.
- 4. Originals Day:** offering classic and familiar dishes, because pupils tell us they still love their familiar and favourite foods such as roast meals and curries.
- 5. Favourite Friday:** offering a range of popular dishes such as fish and chips.

**DID YOU KNOW...**

...We offer a meal deal that consists of a main meal and a dessert?

To view our menus, visit your school's website or ask a member of the school staff about speaking to the catering team.



**schools**  
by *sodexo*

**FOOD & CO.**  
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# Our team commitment

Our cooks are passionate about providing freshly made meals cooked from scratch using good quality ingredients. They are trained by our Senior Development Chefs and supported by the Business Support Team.

## Our menu meets....

- Food for Life Bronze standards
- Government Buying Standards (2013)
- Government School Food Standards (2015)

## Our menu provides...

- Fresh, seasonal produce
- Meat that is farmed to UK welfare standards and the Red Tractor scheme
- Eggs that are free range
- Fish from Marine Stewardship Council (MSC) approved suppliers



## Agents for change

We know that young people want a greater say in their school food service, and we value their contribution. That's why we've created the 'Agents for Change' programme where pupils from your school will seek feedback on our service from their peers and share this with our catering team. They also support taster sessions where they encourage pupils to try new foods, to keep the menu fresh and make sure it meets the needs of children and young people.

"I'm proud to be an Agent because it makes me feel special, you get to go in the kitchen and talk to people, you make new friends."  
**Agent for Change pupil,  
9 years old**

## Sample our food

We would like you to try our food and get to know what your child is eating in school.

Our catering teams will be delighted to show you how much school meals have changed and improved. You can come and see our teams freshly prepare the food, try our menus and meet some of our Agents for Change.

Keep your eyes peeled for invitations to special events for parents, or you can make a request to visit the catering team to try the menus by talking to the school staff.

**If your child currently takes a packed lunch and they would like a free trial of the school menu, please speak to the catering team via the school staff.**





# Allergies

We understand that food allergies can present a serious concern for some of our customers. All our food is checked for allergens to meet EU legislation. Please inform the catering team at your child's school about any allergies.

"The new menu offers something new, it's innovative and the children enjoyed it"

**Primary School Principal**

# Claim your free school meal

Did you know if your child is eligible for free school meals, they'll remain eligible until 31 March 2022?

The school is also entitled to claim additional money from the Government for children eligible for free school meals, to help boost pupils' learning outcomes. That's why it's important to tell your school if your child is entitled to free school meals even if they take a packed lunch from home.

To check if your child is eligible for free school meals in England go to [www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)



If you would like to know more about our food service, please contact the school catering team, via a member of school staff, and they will be happy to assist.

